

2026 THSPA REGION 6 DIVISION 2 AND UNEQUIPPED MEET

PLEASE REMEMBER TO BRING: MEET RELEASE FORM, DRUG TESTING AFFIDAVITS, ELIGIBILITY FORMS, AND ANY SCHOLARSHIPS APPLICATIONS TO WEIGH IN

Early Weigh-ins: Thursday March 12th 5:00-7:00 in DHS INDOOR

Weigh-ins: Friday March 13th 8:30-10:30am in DHS Competition Gym

Referees Meeting: 10:15 am

Coaches Meeting: 10:30 am

National Anthem: 10:55 am

Lifting Begins: 11 am

Lifting Flights

HOME SIDE OF DHS GYM

	Platform 1	Platform 2	Platform 3	Platform 4
FL 1	DIV 2 114	DIV 2 148	DIV 2 198	DIV 2 275
FL 2	DIV 2 123	DIV 2 165	DIV 2 220	DIV 2 308
FL 3	DIV 2 132	DIV 2 181	DIV 2 242	DIV 2 SHW

VISITOR SIDE OF DHS GYM

	Platform 5	Platform 6	Platform 7	Platform 8
FL 1	114-123	165-181	242-275	
FL 2	132-148	198-220	308-SHW	

IF THE NUMBER OF LIFTERS BECOME LIMITED WE MAY COMBINE WEIGHT CLASSES INTO THE SAME FLIGHT

Meal deals: Will be Provided by Decatur Powerlifting Booster Club (more info later)

Entry: \$5

Kids under 5 Free

ENTRANCE INTO THE COMPETITION GYM

ALL LIFTERS AND SPECTATORS WILL ENTER AT THE FRONT OF THE SCHOOL BOTH DAYS (USE ENTRANCE OFF OF FM-730)

BUSES WILL PARK IN THE MAIN LOT LOCATED OFF OF FM-730

PLEASE BE AWARE: IF ANY LIFTER DUMPS A BAR AND THE BAR IS DAMAGED, THE SCHOOL THE LIFTER REPRESENTS WILL BE BILLED FOR A NEW BAR FROM TEXAS POWER BARS.